

HARMONY FARMS

Natural Foods & Supplements

January is Country Life Month! All Country Life brand supplements are Buy One, Get One FREE all month!



It's time to stock up on your 2021 supplements! Our **Country Life BOGO** sale means you buy *any supplement* and receive another product of equal or lesser value for **free!**

And that includes *special orders* placed by **January 31st**. This sale is only at Harmony Farms, so be sure to take advantage before the end of the month.

Visit us in-store or call to place a special order at 919-782-0064
If you have a particularly large order you can email harmonyf@bellsouth.net
Use the 4-digit product code to guarantee accuracy.



Desert Essence brand products are also Buy One, Get One **FREE!**

Desert Essence has some amazing natural and cruelty-free hair, skin, and oral care products. Check them out when you visit Harmony Farms.

Biochem Proteins are 20% off



Juice Bar Spotlight



Important Update! The Juice Bar will be closed on Sunday, January 9th & Sunday the 16th

Kick-off the new year with a new you! Now is the perfect time to try a juice cleanse. We offer 1, 2, and 3 day cleanses. 64oz of juice per "day." We have 64 oz. and 128 oz. containers available to purchase for your cleansing delight in the store, or you may bring in your own container(s) for your cleanse. For any other questions in regards to doing a cleanse, feel free to speak with any of our knowledgeable juicers! Choose from our recipes, or create your own. All juices are made to order – call 919-782-0064 if you would like to schedule one in advance. Walk-ins accepted!!

Other January Sales

Check out our sales for the month!



15% OFF Mg12

15% OFF Charlotte's Web

20% OFF Medi-Natura

Everyday Low Price

20% OFF Vibrant Health

Everyday Low Price

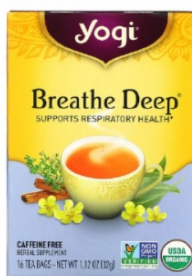
25% OFF New Chapter

Everyday Low Price

**20% OFF Terry Naturally
Curamed & Curamin**

While Supplies Last

Grocery Sales



• Epic Jerky 15% OFF
(Bars & bites)

• Teeccino 15% OFF
(Boxes & bags)

• Yogi Tea 15% OFF

• Zevia 15% OFF
(soda 6-packs)



Please be patient with us as our stocks fluctuate during this time.
Please call ahead to find out what we have available.

INFRA grocery sales

Events

1/9 Free Aura Reading and Biofeedback levels 1:30 – 4 pm



Stop by Harmony Farms on Sunday, January 9th, from 1:30 – 4 pm for a Free Aura Reading and Biofeedback levels by Sue from Raleigh Body & Brain.

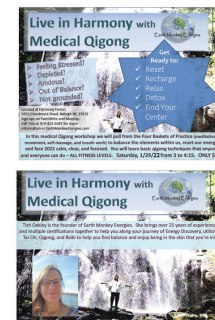
1/15 Fairy Hair with Eliza 11 am - 1 pm

Join us on Saturday, January 15th from 11 am - 1 pm and get your hair to sparkle by the lovely Eliza. ☐
Text (919) 633-1855 to book a time slot.
Walk-ins accepted!
\$20/person



1/29 Live in Harmony with Medical Qigong 3:00 – 4:15 pm

Join Tish Oakley at Harmony Farms on Saturday, January 29th, 2022, from 3 - 4:15 pm for a Medical Qigong workshop. Only \$35!
Questions- call Tish at 915-422-5587 for more information or EarthMonkeyEnergies.com
You must present your Harmony Farms Club Card to attend this event.
Only \$5 per year.



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