

# HARMONY FARMS

Natural Foods & Supplements

*"The quality of a father can be seen in the goals, dreams, and aspirations he sets not only for himself, but for his Family."*

-Reed Markham



We have a super fun event scheduled for the month! On Saturday, June 25th, we are going to have a Local Vendor Festival! We will have many of our local vendors here at Harmony presenting and sampling their awesome products! The event will be from 10am to 4pm. A portion of the day's proceeds will go to Special Olympics Wake County! It is going to be a really fun time and we can't wait to see you there!

In addition, we have many sales and even a raffle running this month! Read on to see what all is on special!

## Zevia Travel Cornhole Raffle



Check out our new beautiful Zevia display and sign up for the Travel Cornhole Raffle! We will draw the winner on June 25th at the Local Vendor Festival!



Portable Corn Hole

## Father's Day Gift Inspiration

Father's Day is coming up soon! It's not too late to get your cards into the mail! Show your dad how much you appreciate him this Father's Day. Don't know where to start? Check out our [Father's Day Gift Guide](#) for some inspiration.



## Juice Bar Spotlight

This month, the Juice Bar is featuring the Apple Pie Smoothie and the Roadrunner Juice. The Apple Pie smoothie is all organic and made with fresh apple juice, almond milk, bananas, dates, cashews, cinnamon, and ginger. It's creamy and naturally sweetened. It really tastes like apple pie! You'll apple-solutely love it. The Roadrunner is a combo of apples, carrots, spinach, kale, lemon, ginger, and turmeric.



Ask your juicer to add Sea Moss Gel for only \$1.00. Jars of Sea Moss Gel are also available for purchase. Call the Juice Bar to order in advance. (919) 782-0064

## OUR JUNE SALES

Visit us anytime this month and take advantage of our specials!



**20% OFF All Good**

Sun care only

**20% OFF Badger**

Sun & Bug only

**20% OFF Carlson Labs**

**20% OFF Crystal**

**20% OFF CV Sciences CBD+**

**20% OFF Goodlight Candles**

**20% OFF Forces of Nature**

**25% OFF Hemp Fusion**

**20% OFF Host Defense**

**15% OFF Ion Biome**

(Previously Restore)

**20% OFF Kal**

**20% OFF Probulin**

**20% OFF Symphony Natural Health**

(Men's)

**20% OFF Weleda**

**20% OFF Zand**

# June Grocery Sales



- **Go Macro Bars \$1.99/each**
- **15% OFF Organic India Tea**
- **15% OFF Pacific Foods 32oz non-dairy beverages**
- **R.W. Knudsen 32oz Simply Nutritious Juice Blends \$2.99/each**



Please be patient with us as our stock fluctuates during this time. Please call ahead to find out what we have available.

**INFRA grocery sales**

## June Events

We will update our Website and Facebook if more events are scheduled.

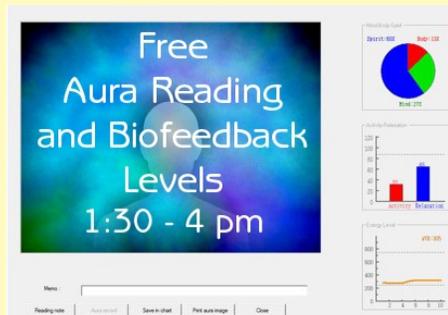


### 6/25 Local Vendor Festival 10:00 am - 4:00 pm

We Love Local! Join us for our Local Vendor Festival on Saturday, June 25th, 10 am - 4 pm! We will have local vendors from all over North Carolina here at Harmony Farms sampling and selling their awesome products! A portion of the day's proceeds will go to Special Olympics Wake County.

### 6/25 Free Aura Reading and Biofeedback levels 12 pm - 4:00 pm

This Saturday, June 25th, 1:30 - 4 pm Body & Brain Yoga Tai Chi owner/instructor, Susan, is offering free aura/energy readings using a biofeedback device. No appointment is necessary, but there may be a line. Only takes 5 minutes. Learn what your aura colors say about your energy balance between mind, body, and spirit. Check your stress versus relaxation levels. Bring your cell phone to take a photo of your results.



### 6/25 Fairy Hair with Eliza 11 am - 1 pm

Join us on Saturday, June 25th, 11 am - 1 pm, and get your hair to sparkle by the lovely Eliza. Celebrate the colors of spring with colors in your hair!

Text (919) 633-1855 to book a time slot.  
Walk-ins accepted!  
**\$20/person**



**For our most recent updates, check our Facebook page,**  
**or our Instagram @harmonyfarmsNC**

Follow us on social media!



Share our newsletter with a friend!

